

Vulcan Orienteering Club

WWW.VULCANORIENTEERING.ORG

WWW.ORIENTEERINGUSA.ORG

What is Orienteering?

Orienteering is a sport in which orienteers of all ages use an accurate, detailed map and a compass to find points in the landscape. It can be enjoyed as a walk with family/friends in the woods or as a competitive sport.

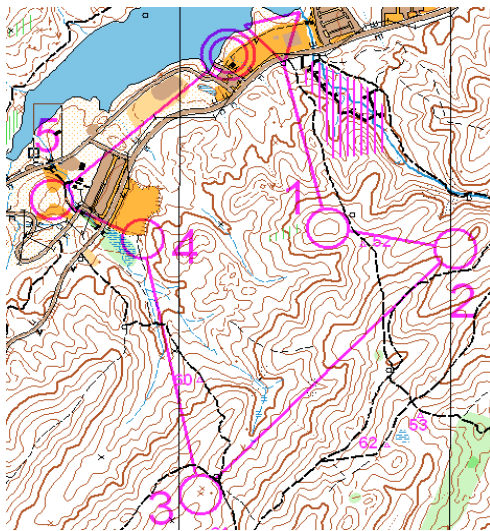
A standard orienteering course consists of a start, a series of control sites that are marked by circles, connected by lines and numbered in the order they are to be visited, and a finish. The control site circles are centered around the feature that is to be found; this feature is also defined by control descriptions (sometimes called clues). On the ground, a control flag marks the location that the orienteer must visit.

To verify a visit, the orienteer uses an electronic device to register the time into an e-stick the orienteer carries.

The route between "controls" (refers to the flag or the site) is not specified. It is entirely up to the orienteer. This element of route choice and the ability to navigate through the forest are the essence of orienteering.

Most orienteering events use staggered starts to ensure that each orienteer has a chance to do his or her own navigating, but there are several other popular formats, including events in which the orienteer must find as many controls as possible within a specified time.

Orienteering is a sport for everyone, regardless of age or experience. The competitive athlete can experience the exhilaration of running through the woods at top speed, while the non-competitive orienteer can enjoy the forest at a more leisurely pace. **Most events provide courses for all levels—from beginner to advanced.**



Sample orienteering map with a beginner course and sample control descriptions

YELLOW	2.430	130	
▶	◇	○	
1 116	◊		
2 103)(
3 111 ↓	⊗	○	☕
4 114	•		
5 112	◊		
○	430	○	

YELLOW course - 2.43 km with 130 meters climb
 START - field - north edge
 control code 116 - HILL
 control code 103 - SADDLE
 control code 111 - south root stock
 - west side - drinking water
 control code 115 - knoll
 control code 112 - hill
 430 meters from last control to finish

VOC local meets: registration is online only, no walk-up registration. See website for details.

Check VOC website (www.vulcanorienteering.org) for the latest info.

Join us @ Groups.io (<https://groups.io/g/VOC>). Schedule & locations subject to change.

Date	Location	Description
Saturday, September 21, 2024	Oak Mtn State Park (Fishing Lakes)	VOC - local event
Saturday, October 19, 2024	Oak Mtn State Park (Tranquility Day Use)	VOC - local event
Saturday, November 16, 2024	Oak Mtn State Park (Fishing Lakes)	VOC - local event
Saturday, December 14, 2024	Wind Creek State Park (Beach Area)	VOC - local event & NJROTC
Saturday, February 15, 2025	Oak Mtn State Park (Tranquility Day Use)	VOC - local event
<i>March 2025 - no VOC meet due to NJROTC National Championships</i>		
Saturday, April 19, 2025	Oak Mtn State Park (Fishing Lakes)	VOC - local event
Saturday, May 10, 2025	Wind Creek State Park (South Picnic Area)	VOC - local event & cook-out